

January Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>01/03/2022</p> <p>Lunch Chicken Bolognese / Tofu Bolognese Broccoli and Peas, Fresh Fruit and Milk</p> <p>Snack: AM: Cheerios with milk PM: Cheese Toast PM: Fresh Fruit</p>	<p>01/04/2022</p> <p>Lunch Chicken Sandwich / Grilled Cheese Sandwich Served with Corn, Fresh Fruit and Milk</p> <p>Snack: Snack: AM: Muffins with milk PM: Veggie Sticks PM: Fresh Fruit</p>	<p>01/05/2022</p> <p>Lunch: Chicken Nuggets W Potato Cubes: Contains Egg / Corm Nuggets W Potato Cubes Served with Mixed Veggies, Fresh Fruit and Milk</p> <p>Snack: AM: Mixed Cereal with milk PM: Fruit Spread on Toast PM: Fresh Fruit</p>	<p>01/06/2022</p> <p>Lunch: Chicken Tikka Masala W Flavored Rice / Paneer Tikka Masala W Flavored Rice Served with Peas, Fresh Fruit and Milk</p> <p>Snack: AM: Banana Cake with milk PM: Cheese Quesadillas PM: Fresh Fruit</p>	<p>01/07/2022</p> <p>Lunch: Cheese Pizza / Veg Omelet: Contains Egg Mixed Veggie Served with Corn, Fresh Fruit and Milk Cauliflower as per availability</p> <p>Snack: AM: Bread and Cream Cheese with milk PM: Goldfish PM: Fresh Fruit</p>
Week 2	<p>01/10/2022</p> <p>Lunch: Rigatoni Pasta W Grilled Chicken / Rigatoni Pasta W Veggies Broccoli and Peas, Fresh Fruit and Milk</p> <p>Snack: AM: Cheerios with milk PM: Cheese Toast PM: Fresh Fruit</p>	<p>01/11/2022</p> <p>Lunch: Pop Corn Chicken W Mashed Potato: Contains Egg / Mozzarella Sticks W Mashed Potato Served with Corn, Fresh Fruit and Milk</p> <p>Snack: AM: Waffles W Maple Syrup and milk PM: Veggie Sticks PM: Fresh Fruit</p>	<p>01/12/2022</p> <p>Lunch: Cajun Chicken Kebab Wrap / Veggie Kebab Wrap Served with Mixed Veggies, Fresh Fruit and Milk</p> <p>Snack: AM: Mixed Cereal with milk PM: Fruit Spread on Toast PM: Fresh Fruit</p>	<p>01/13/2022</p> <p>Lunch: Mac and Cheese Served with Peas, Fresh Fruit and Milk</p> <p>Snack: AM: Banana Cake with milk PM: Cheese Quesadillas PM: Fresh Fruit</p>	<p>01/14/2022</p> <p>Lunch: Cheese Pizza / Veg Omelet: Contains Egg Served with Corn, Fresh Fruit and Milk Cauliflower as per availability</p> <p>Snack: AM: Pan Cakes W Maple Syrup and milk PM: Animal Crackers PM: Fresh Fruit</p>
Week 3	<p>01/17/2022</p> <p>School Closed</p>	<p>01/18/2022</p> <p>Lunch: Grilled Chicken Slider: Contains Egg / Bean Patty Slider Served with Corn, Fresh Fruit and Milk</p> <p>Snack: AM: Muffins with milk PM: Veggie Sticks PM: Fresh Fruit</p>	<p>01/19/2022</p> <p>Lunch: Chicken Tenders W Fries: Contains Egg / Zucchini Fritters W Fries Served with Mixed Veggies, Fresh Fruit and Milk</p> <p>Snack: AM: Mixed Cereal with milk PM: Fruit Spread on Toast PM: Fresh Fruit</p>	<p>01/20/2022</p> <p>Lunch: Tomato Rice W Grilled Chicken / Tomato Rice W Cottage Cheese Served with Peas, Fresh Fruit and Milk</p> <p>Snack: AM: Banana Cake with milk PM: Cheese Quesadillas PM: Fresh Fruit</p>	<p>01/21/2022</p> <p>Lunch: Cheese Pizza / Veg Omelet: Contains Egg Served with Corn, Fresh Fruit and Milk Cauliflower as per availability</p> <p>Snack: AM: Bread and Cream Cheese with milk PM: Goldfish PM: Fresh Fruit</p>

Week 4	<p>01/24/2022</p> <p>Lunch: Fettucine Alfredo W Grilled Chicken / Fettucine Alfredo Served W Broccoli and Peas, Fresh Fruit and Milk</p> <p>Snack: AM: Cheerios with milk PM: Cheese Toast PM: Fresh Fruit</p>	<p>01/25/2022</p> <p>Lunch: Chicken Quesadilla / Veggie Quesadilla Served with Peas and Corn, Fresh Fruit and Milk</p> <p>Snack: AM: Waffles W Maple Syrup and milk PM: Veggie Sticks PM: Fresh Fruit</p>	<p>01/26/2022</p> <p>Lunch: Chicken Burger / Bean Patty Burger Served with Mixed Veggies, Fresh Fruit and Milk</p> <p>Snack: AM: Mixed Cereal with milk PM: Fruit Spread on Toast PM: Fresh Fruit</p>	<p>01/27/2022</p> <p>Lunch: Chicken Stir Fry Noodles / Veggie Stir Fry Noodles Served with Peas, Fresh Fruit and Milk</p> <p>Snack: AM: Banana Cake with milk PM: Cheese Quesadillas PM: Fresh Fruit</p>	<p>01/28/2022</p> <p>Lunch: Cheese Pizza / Veg Omelet: Contains Egg Served with Corn, Fresh Fruit and Milk Cauliflower as per availability</p> <p>Snack: AM: Pan Cakes W Maple Syrup and milk PM: Animal Crackers PM: Fresh Fruit</p>
Week 5	<p>01/31/2022</p> <p>Lunch: Chicken Primavera / Veggie Primavera Served W Broccoli and Peas, Fresh Fruit and Milk</p> <p>Snack: AM: Cheerios with milk PM: Cheese Toast PM: Fresh Fruit</p>				